

Summer 2011 Treatments ♦ Medical Report on Patient Rafiq

CHILD AND FAMILY WELFARE FOUNDATION is a united effort of charity-minded individuals, who have devoted themselves to provide free aid to Polio-affected children and others who suffer from disability due to various causes. Our volunteers survey the slum areas, register disabled, needy children and coordinate 'Free Correctional Treatment' at Dr. Desai's Shraddha Hospital in Malad, Mumbai. Once these poor, disabled children have been examined and diagnosed, they are admitted for surgery. They receive free-of-cost operations, as well as follow up treatment and care, including calipers and crutches if required. We request help with sponsorship for the child listed below. A list of more patients waiting for treatment as well as medical reports, studies and progress updates of patients who have completed treatment are available upon request. With your kind contribution you'll be able to make a life changing investment in this child's future. We thank you for taking part in our project and wish you all the best.

Name: Rafiq Ansari (20yrs) Dist. Azamgarh, Uttar Pradesh

Family Background: Rafiq is the child of a poor farmer in the rural area from Azamgarh, Uttar Pradesh. Rafiq has four younger sisters and his father struggles to support his whole family with a small salary he gets by working on someone else's farm. A few months ago Rafiq came to Mumbai in order to find employment and help support the family. He is willing to work hard, but due to his disability he could only get a manual job sitting and operating a punching machine, earning a salary of just INR 3500/-

Medical Condition: He suffers from severe disability in on right side due to Polio-Meningitis contracted in his infancy. Rafiq's right leg is 5 inches shorter and bent stiff in an almost 90° angle backward. He uses crutches for walking or has to support his leg with his hand with every step he takes to keep the right leg from caving in. Moving around is difficult, leaving him with little hope for a prosperous life.

Diagnosis & Treatment suggested: 1st stage A) Camball Release OP in the right hip, B) Extensive-Release OP and C) Supra-condylar Osteotomy in right knee to correct part of deformity.

2nd stage A) Standler OP(3 surgeries) in right foot, B) Pin Implant and C) Traction procedure of right leg with extended hospitalisation. After that he will require extensive Physiotherapy and a caliper to be made. Further medical exams will determine if limb-lengthening will be necessary and beneficial to correct the shortening. Rafiq's chances are good to be able to walk normal without the use of crutches.

Treatment Costs / Time Required: 1st & 2nd stage correctional surgeries will be carried out within 3-4 months, therapy and exercising with a caliper will take another four months time. Cost for multi stage surgeries and hospitalisation without caliper is INR 76000/-



Comments & 1st Stage-Progress: In the picture on the left Rafiq is seen with his father Zahir at the Shraddha Clinic after completion of the 1st stage correctional surgeries. Zahir took a break from his job to visit and check on his son during his treatment. All initial operations went well and Dr. Desai is pleased that parts of Rafiq's deformities have already been corrected. After a time of recuperation, Rafiq will return to his native place for recovery until he will be ready for the 2nd stage.

Both, father and son are very appreciative for the free treatment, offered to Rafiq by Child & Family Welfare Foundation. The boy is determined to go through the full treatment and has already a more positive outlook on life with anticipation and hopes up high that his disability will greatly decrease and give him the opportunity to become a self-sufficient citizen. To see how the lives of patients can drastically change for the better with just a little help is very rewarding to observe. CFWF volunteer Bandu is in charge of coordinating Rafiq's treatment and handling the necessary communications between the patient and parents. CFWF-Trust has also taken care of additional medicines and Orthopaedic aids for the patient.

Due to the fact that our work is entirely voluntary, our efforts are being sponsored by charity minded individuals and companies. Without such assistance our work could not continue. By helping this cause you also become a part of our work in helping reaching out to the Underprivileged in need. Kindly donate towards operation costs and treatment of patient Rafiq. Your contributions to this cause are greatly appreciated! We wish you prosperity, success and good health.

With greetings & warm regards,

Child & Family Welfare Foundation *Josef S, Project-Manager*

Please issue cheques in favour of **Child & Family Welfare Foundation** • *Thank you for your kind contribution!*